

District 2231 Rules for Inbound Students

The Rotarians in District 2231 will do everything we can to make your youth exchange experience in Poland one of the best years in your life. We are excited about hosting you and know you will enjoy Poland and make lots of international friends.

The following Rotary rules have evolved over many years of experience and designed to enhance your safety and enjoyment of your academic year in Poland.

The student and parents or guardians must read, sign, scan and return these "Rules" at the e-mail address of the District 2231 correspondent. The signed declaration by student and his/her parents must be brought to Poland and given to RYEO.

| TOPIC | RULES |
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| Age | The student must be between 15½ and 17½ years old upon arrival in Poland. |
| Passport and visa | The student must bring passport with the student visa obtained in the Polish Consulates valid 10-12 months. Before receiving a visa the student must prove at the consulate that he/she has obtained an insurance policy. |
| Airline ticket | All students must have a complete round-trip ticket to the destination specified by the District 2231. The ticket must have an OPEN return, or allow for a change of return date with minimal or no charges. |
| Health | The student certifies that there are no dietary restrictions or medical problems except shown on the students application on the medical and dental examination forms. |
| Immunization | The student must bring a current record of immunization shots. District 2231 requires COVID-19 (3 doses accepted by UE health authorities) and hepatitis B immunization. |
| Communication | Communication by the student with the host family in Poland is to begin immediately upon notification of acceptance. The student must notify the host family of arrival date, time, airline, flight number, airport terminal, well before departure so the host family can make necessary arrangements to prepare for and meet the student. |
| Ambassadorial role | The student must be a good ambassador for his/her country and Rotary by demonstrating perfect behavior throughout the exchange year. |
| Academic transcripts | The student must bring a current record of high school courses and grades. |
| Language | The student has to speak English or other language accepted by District 2231. It is strongly recommended that student starts learning Polish before the arrival to Poland. |
| School activities and on-line classes | The student declares that he/she will not participate in any school activities or courses (including on-line classes) that have not been approved by the host Rotary Club. |



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| Travel and Health Insurance | RYE students prior to enter the Polish border must be insured. Students coming to D-2231 will be covered by medical and liability insurance policies prepared by the international insurance company CHUBB, in conformance with regulations of Rotary International. The total cost of the policy is 995 USD. Complete insurance policy purchase is maintained by the District 2231 authorized office: HMR Brokers, e-mail address: d.stankiewicz@hrmbrokers.pl; mob.: +48 730 104 888 |
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| Emergency Found | The parents/guardians are to provide the student with a 500 USD contingency fund for emergencies which will be supervised by Rotary in Poland. This fund is to be topped up as needed. |
| Allowance | Rotary will provide the student a monthly allowance of 300 PLN paid by the host club treasurer. |
| Blazer, Pins, Gifts | The student should arrive with a Rotary blazer, with a RYE crest, "business" card, country pins to change with other exchange students, gifts for host families, pennants from the sponsoring Rotary Club. If a student arrives without a Rotary blazer, then he/she is expected to buy one in a place approved by Rotary. |
| Orientation | District 2231 organizes and sponsors and orientation meeting to explain the students the rules of RYE Program in District 2231 during the exchange year. |
| Travel | Due to insurance and liability issues the students travel directly from home to the host family. If a student wishes to return home by indirect route, written permission from parents/guardians and the supervision are required. District 2231 takes no longer the responsibility for the student in such a case. In 6 exceptional situations the students can enter the train or bus in the presence of the host parent or a Rotarian and is met at the destiny railway station by a Rotarian or Rotary approved guardian in case of travel on 4 obligatory meetings and 2 optional tours organized with travel offices which are our partners. If biological parents or guardians give permission for student's mentioned alone travel, student has to bring the signed agreement to Poland and give it to RYEO. |
| Host families | The student may have 2-4 hosting families (preferably more than one). The decisions about changing families are made by Rotary officers and are not negotiable. The student is obliged to behave like a member of a host family – to spend time with them, to accept the duties and obligations in family. |
| Relatives | If a student has relatives in Poland or near Poland, they will have no authority over him/her while under supervision of the Rotary program. Visiting relatives must be arranged with host families, Rotary Club counselor and the District Chair. It is possible to visit relatives in other European countries while on exchange. The condition is to have a written permission from parents or legal guardians and hosting Rotary Club. If parents want to visit their son/daughter during the exchange they have to write a request to the District RYE Chair. It is highly recommended to visit in the end of the exchange year to avoid the disruption of RYE program. |



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| Rotary Events | Attendance at some Rotary sponsored events while in Poland will be mandatory and take precedence over other personal plans. Some planned Rotary activities in District 2231 are free. However, there will be two optional trips (skiing in Italy or Austria and Europe Tour) with price between 2.000 EUR – 2 700 EUR. Before going on the Rotary trip the student signs the rules of the trip and is warned that breaking the rules will effect with sending him/her home at once. |
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| Driving Vehicles | For liability reasons and safety, the student is not permitted to drive a motorized vehicle of any kind. This includes automobiles, motorcycles, boats, tractors, moped, snowmobiles, jet skis or any other motorized vehicles. The student may not receive a driving license during the exchange year. |
| Drugs | The student is not permitted to take any drugs except those prescribed by physician. The student must bring prescriptions for any medications or drugs on current use for medical condition. Possessing any amount of drugs like marihuana, heroin and others is prohibited and punished by law. |
| Alcohol | Drinking alcohol is prohibited. |
| Smoking | Smoking is prohibited. |
| Dating | Dating/sex is prohibited. |
| Decorating | No decorating – no additional tattoos or piercings while on exchange. |
| Telephone calls | The student is to pay for his/her own telephone calls. |
| Internet | It is highly inappropriate to spend on the Internet more than one hour per day. During the exchange year student should look for friends in Poland and limit contact with friends and family in his/her country. No downloading inappropriate materials. |
| Return | The student is not permitted to stay in Poland after the exchange program is completed. |
| Early Return | It is understood that any costs related to a student's early return home from the program, regardless of the reason, are the responsibility of the student and his/her parents. |
| Breaking the Rules | The student who will break the rules described above will be sent home as soon as possible (not later than within a week). |
| I have read and understood the rules above. I am aware of the consequences of breaking these rules: | I have read and understood the rules above. I am aware of the consequences of breaking these rules by my son/daughter: |
| Date and the student's signature | Date and the student's parents signatures |